



Welcome

State of the LINECO Fund

Health & Union
Benefits in
America

Eligibility & ERTS
Reciprocal
Reminders

Strategic
Partners
Panel Session

**Lunch Break** 

Medical & Dental Benefits Review

Health Reimbursement Account (HRA)

**PM Break** 

Retiree
Program
Overview and
Updates

LINECO.org
Member Portal
Demo

# Medical & Dental Benefits Review & Update

Mary Garite, Director of Operations, LINECO

# **Key Benefit Changes since 2014**

- **2014**
- Immunization coverage increased
- Annual Max Removed
- Retail Rx Program began
- **2015**
- Safety Glasses covered
- ER co-pay increased
- Teladoc Began
- **2016**
- **BDC Knee & Hip 100%**
- Rx Clinical Program
- IRS Proof of Eligibility
- **2017**
- Ded & out of pocket increased
- Clinical Trial & ABA coverage
- Specialty Med Co-pay

- **2018** 
  - No changes to Ded / out of pocket
  - Walgreens 90 day retail
  - Free Co-pay assistance program
- **2019**
- No changes to Ded / out of pocket
- **2020-2021**
- No changes to Ded / out of pocket
- COVID-19 Benefits Added/Increased
- **2022-2024** 
  - No changes to Ded / out of pocket
  - SNF benefit increased to 60 days
- Weekly income benefit increased to \$600
- 2025
- Life Insurance Benefit Increased



### **Benefit Overview**

**Prescription Drug** Dental, Vision, & Medical Hearing MAP, Teladoc, & Weekly Income **Exclusions Included Health Benefit & Life Insurance** 















**Express Scripts Pharmacy** 

By EVERNORTH





### **Medical Benefits – PPO Network**

# **Comprehensive Major Medical Benefits**

Partner with BlueCross BlueShield Nationally.

97% Hospitals and 83% Physicians are In- Network.



LINECO will pay a higher percentage of your bill if you see a PPO provider or facility!



### **Medical Benefits - Deductible**

# **Deductible: What Member Must Pay 1st**

Single \$400

Married \$800

Family \$1,200



Calendar year (January – December).

Applies to most medical services and prescriptions filled at a local pharmacy.



### **Medical Benefits Co-insurance**

# **Co-insurance - % of the claim LINECO pays after Deductible**

	LINECO Pays	Member Pays
Preventive Benefits:	100%	\$0
Hospital Coverage:	80% Blue Cross	20% Blue Cross
	70% Non-Network	30% Non-Network
Physician Coverage:	80% Blue Cross	20% Blue Cross
	70% Non-Network	30% Non-Network
Emergency Room:	80%	20%
Emergency Room Deductible:	N/A	\$150



# **Medical Benefits - Schedule Of Payment**

Benefit	LINECO PAYS (per person)	
Chiropractic Care	50% up to \$600 per cy	
Home Health Care	Up to 40 visits per cy (Ded & Co-Ins apply)	
Skilled Nursing Facility	Up to 60 days per cy	
Hospice	Up to 180 days lifetime	
Speech Therapy	Up to 50 sessions per cy. Max of \$90 per session	
Outpatient Surgery	After deductible: 80% Blue Cross, 70% Non Blue Cross	
Physical Therapy	After deductible: 80% Blue Cross, 70% Non Blue Cross	
Medical Supplies	After deductible: 80% Blue Cross, 70% Non Blue Cross	
Maternity Benefits	After deductible: 80% Blue Cross, 70% Non Blue Cross (Female member or Spouse only)	



# **Medical Benefits - Schedule Of Payment**

Benefit	LINECO PAYS (per person)
ABA / Autism Benefit	After deductible: 80% Blue Cross, 70% Non-Network (Children only)
Childhood Immunizations	100%
Adult Immunizations	100% in network, 70% Non-Network
Routine Preventative Test (colonoscopy)	100% in network, 70 % after deductible Non-Network (age & frequency guidelines apply)
Diagnostic Test (colonoscopy)	After deductible: 80% Blue Cross, 70% Non-Network



### **Medical Benefits – Out of Pocket Maximum**

# Out of Pocket Maximum:

The most the member pays per year for covered services.





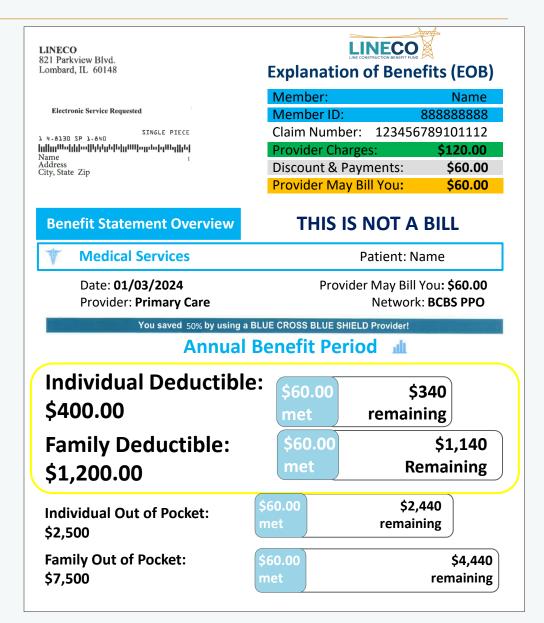
# **Medical Benefits - Example**

# Member goes to his doctor in January Doctors Bill is \$120.00

- This is the 1<sup>st</sup> Visit for Member(s) family this year, they have not met their deductibles.
- Because the Dr. is in the Blue Cross Blue Shield Network, member and LINECO receive \$60 discount.

### Member owes \$60.00 to Doctor.

\$60 is deducted from the member's \$400 Individual Deductible as well as the \$1,200 Family Deductible





# **Medical Benefits - Example**

# Dependent Child goes to ER for stitches. Hospital bill is \$3,000

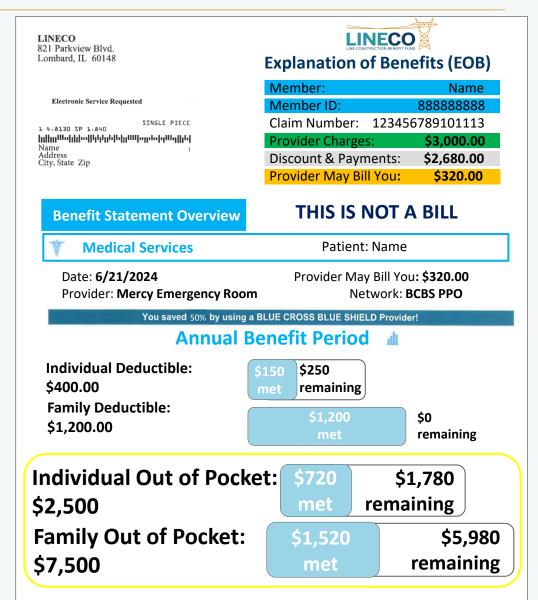
- Family Deductible is met.
- Because the ER is in the Blue Cross Blue
   Shield Network, member and LINECO receive
   \$2,000 discount

### Member owes \$320.00 to Hospital

(\$150 ER Copay + 20 % coins \$170)

### **LINECO** pays \$680.00

\$320 is deducted from the Individual & Family out of pocket maximum





### **Behavioral Health and Substance Use Disorder**

- Same as Medical Payment Schedule
- Also Uses Blue Cross Blue Shield Provider Network
- Other Available Benefits: MAP & Teladoc





### **Utilization Review Health Programs**

Conifer handles precertification for all Inpatient admissions

# CONIFER-HEALTH SOLUTIONS®

LINECO's Personal Health Nurses – Clinical Assistance When Your Family Most Needs It



## **Utilization Review Health Programs**

# LINECO's Personal Health Nurses provided by



# **Healthy Moms = Healthy Babies Program**

- Free to pregnant members or spouses
- \$250 Gift card incentive for completing: Call with due date, compete health screenings with personal Health nurse, and call no later than next business day after delivery.

Call the Fund office or the Personal Health Nurse (PHN) to sign up

### **Diabetes Care Program**

- \$50 bi-annual gift card
- Coaching sessions
- 100% coverage for oral meds & testing supplies
- Teladoc Diabetes Program also available



### **Benefit Overview**

**Prescriptions** Medical Dental, Vision, and Hearing MAP, Teladoc, and Weekly Income **Exclusions Included Health Benefit & Life Insurance** 



## **Prescriptions**

### Mail Order

Retail Pharmacy

When

Long term maintenance medications

Short term meds, adjusting dose

**Supply** 

Up to a 90 day supply

Up to a 30 day supply\*

Cost

Generic \$10, Preferred \$20, Non Preferred \$35 Shares Medical Deductible & Co – insurance\*

\*Smart 90 at Walgreens **70**Follows the mail order structure

Express Scripts
Pharmacy
By EVERNORTH





# **Specialty Drugs Must be Coordinated through Accredo Specialty Pharmacy**

- Chemotherapy/Cancer Drugs
- Crohn's Disease
- Multiple Sclerosis
- Rheumatoid Arthritis

LINECO partners with Express
Scripts and other vendors to save
money whenever a manufacturer
offers co-pay assistance SaveOnSP

There are special rules for Specialty Drugs as they are very expensive. Please call the Fund Office or Express Scripts for more information





# **Prescriptions**

Specialty Medications (up to 30-day supply)	Participant Pays
Generic specialty drugs	10% up to \$100 maximum co-pay
Preferred (formulary) drugs	20% up to \$250 maximum co-pay
Non-preferred brand (non-formulary) drugs	20% with no maximum co-pay
Co-Pay Assistance Program - Applies to certain specialty medications, particularly oncology and Hepatitis C drugs	Co-pays will vary but may reduce patient cost to \$0





# **Prescriptions- Medicare Primary**

# If Medicare is Your Primary Plan



Members automatically enrolled in the LINECO sponsored Express Scripts Medicare Part D Plan (PDP) via an Employer Group Waiver Plan (EGWP).

Mirrors the LINECO active Rx Program with slight differences

All program communication will come from Express Scripts for these members.

IF a Medicare Primary LINECO member "Opts-Out" of this Program, they will not have LINECO Rx Coverage. For Most Members It Is <u>NOT</u> Advantageous to "Opt-Out"

Express Scripts
Pharmacy

**Contact Info Express Scripts Part D: 855-634-0272** 



# **Prescriptions**

**Prior Authorizations** 

May be required for certain drugs.

Intent is to ensure patient is on right drug at the right time.

Over The Counter Drugs

**Not Covered** 

(\*Unless Required Under ACA).

Compounded Medications

Not Covered by the Plan.

**Express Scripts Pharmacy** 

### **Benefit Overview**

Dental, Vision, Medical **Prescription Drug** and Hearing MAP, Teladoc & Included Weekly Income **Benefit & Life Insurance Exclusions** Health





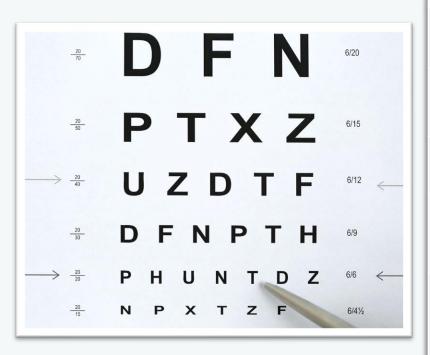
#### **Dental**

# Dental Network of America (DNOA) – Discounted Network of Providers

Dental Benefits Payments:	LINECO Pays	Member Pays
Preventive (2 Exams /2 Cleanings):  *Preventive 100% Coverage For Children under 21	80%	20%
Restorative (filling, crown etc):	80%	\$100 deductible + 20%
Calendar Year Maximum:	Up to \$2,000 CY	Cost over \$2,000 CY
Orthodontia (children only):	Up to \$2,000 lifetime	Cost over \$2,000 lifetime



### **Additional Benefits - VSP**



	vision care
Exam	100% covered (every year)
<b>Basic Lenses</b>	100% covered (every year)
Frames	Up to \$175 (every 2 years)
Contacts (instead of glasses)	Up to \$175 (ever year)
Safety Glasses ProTec Other brands	(every 2 years) 100% covered \$150

In network benefits shown. Benefits reduced out of network.



### **Additional Benefits**

# amplifon

**Free Hearing Aid Batteries** 

**Discount on Hearing aids** 

# **Hearing Benefit:**

LINECO pays 80 % up to \$2,500

every 5 years for adults every 2 years for children

Use of Amplifon is optional



### **Benefit Overview**

Medical **Prescription Drug Dental, Vision & Hearing** Weekly Income MAP, Teladoc, **Benefit & Life Insurance Exclusions Included Health** 

# Member Assistance Program (MAP) & carelon Behavioral Health





6 FREE visits per issue

MAP is *Confidential* 

Counseling, Education, and Referral **Services:** 

- **Personal and Family Problems**
- Work/Life Issues
- **Interpersonal Difficulties**
- **Stress Management**
- **Legal and Financial Concerns**
- **Substance Use Disorders**







### FREE Virtual Care for common minor non-

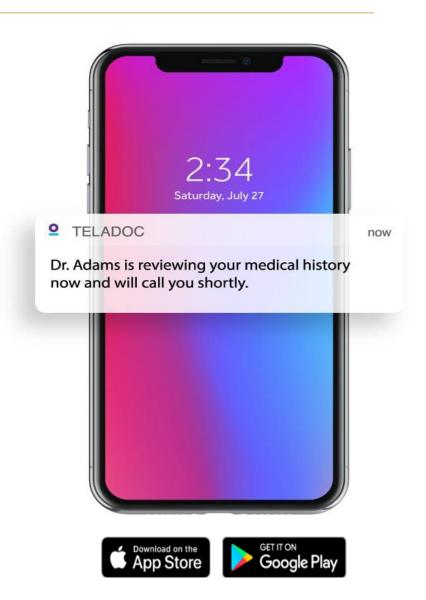
### emergency conditions

- Acute Upper Respiratory Infection
- Urinary Tract Infection
- Skin Rash

Free Virtual Mental Health & Substance Use Disorder services available (ages 13 & up)

www.Teladoc.com

1-800-Teladoc (835-2362)





### **Multiple Resources**







### **Included Health**

Get a second opinion from a leading specialist

Chat with a nurse for treatment advice

Get matched with an innetwork doctor near you. There is no cost to use Included Health for LINECO Members

includedhealth.com/lineco

855-310-6281





### **Benefit Overview**

Medical **Prescription Drug Dental, Vision & Hearing** Weekly Income Vision, **Hearing & Misc. Exclusions** & Life Insurance



## **Disability & Life Insurance**

# Weekly Income Benefit (Active member only)

Intended to assist with lost wages if you are unable to work



- Must be disabled by a Doctor within 15 days of your last work day.
- Cannot be disabled by Chiropractor (D.C.)
- \$600 per week for up to 26 weeks maximum
- Payroll Taxes Apply (W-2 Issued)
- Cannot be used for work related injury
- Must be eligible for benefits from work hours on the date the disability begins

Weekly Income Does Not Apply to REA's/Utility/Coop Members.



# **Disability & Life Insurance**

### Life Insurance Active Employee only (effective 1/1/25)

- Death of the Member: \$30,000
- Accidental Member Death OR dismemberment of Member: \$30,000
- Member death during covered employment: \$30,000



Designate your beneficiary by completing an enrollment form. Change your beneficiary by logging on to your secure member portal at LINECO.org



### **Benefit Overview**

Dental, Vision & Hearing Medical **Prescription Drug** Vision, Weekly Income **Exclusions** Hearing & Misc. & Life Ins



#### What the Plan Does Not Cover

**Cosmetic Procedures** 

Work related injuries / illness

**Custodial Care** 

Experimental/ Investigational

Care not ordered by Attending Dr

**Educational Services** 

Charges over reasonable & customary

**Genetic Testing** 

Lasik

Itamins/ Supplements

3<sup>rd</sup> Party Responsibility

Not medically necessary / standard of care



#### **Appeal Procedure**

#### **Claim Appeal Procedures:**

You will receive timely notice as an Explanation of Benefits (EOB) for each claim processed by LINECO.

If your claim is **DENIED**, the reason will be included on the EOB along with Claim Appeal Procedures:

- You May Call or Write LINECO Requesting the CLAIM REVIEW COMMITTEE review this decision.
- The CLAIM REVIEW COMMITTEE will hear all appeals and notify you in writing of their decision.
- The **CLAIM REVIEW COMMITTEE** consists of the Board of Trustees who meet quarterly.

In certain cases, you may request an external Independent Review Organization (IRO) review if you still are not satisfied with the CLAIM REVIEW COMMITTEE's decision.



#### **Best in Class Benefits**

Comprehensive Major Medical PPO Plan

Prescription
Coverage Retail
& Mail Order

Dental Vision Hearing

Member Assistance Program

Health
Reimbursement
Account (HRA)

Retiree Coverage
Available &
Subsidized by Fund

Weekly Income Benefit (Short Term Disability)

Free
Telemedicine
Visits: TELADOC

Free Second Opinion

Diabetic Care Program

Healthy Moms
Healthy Babies
Pre-Natal Program

Life Insurance and AD & D Coverage





### Questions







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## Health Reimbursement Account (HRA)

**Kevin Chesniak, LINECO** 

Lisa Baker, WEX



#### **HRA Overview**

LINECO HRA "At A Glance"	Strategic Partner – WEX Healthcare	Program Overview
HRA Reimbursable Expenses	HRA Mobile App	Important Reminders



#### **LINECO HRA - At A Glance**

Participant Accounts share in any investment gain/loss each year

In 2020 LINECO's
Fund office retained
day to day admin

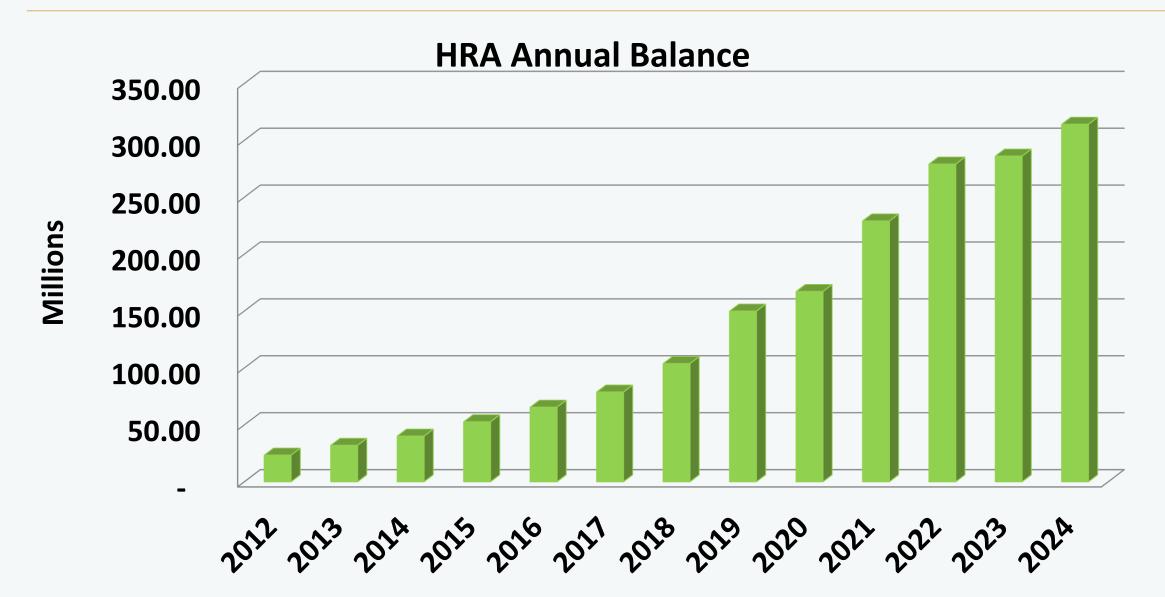
Integrated HRA with LINECO Health & Welfare Plan

Started with 2,100 participants

Established June 1, 2012



#### **LINECO HRA Growth**







#### **OLD CARD**

# Hurr Card for Better Resident VISA LABEL UNION LABEL UNION LABEL UNION LABEL LABEL UNION LABEL LABEL UNION LABEL LABEL VISA LOCAL 123

#### **NEW CARD**





#### **Key Strategic LINECO HRA Partner WEX**

LINECO's HRA Program is "powered" by WEX.



WEX is leading global services company.

WEX Simplifies HRA
Programs for benefit plans
and members.



#### **Investment Return & Administration Fees Shared**

Year	Investment Yield	Annual Administration Fee
2013	5.6%	\$16.91
2014	3.8%	\$18.72
2015	-0.20%	\$20.59
2016	6.2%	\$21.97
2017	7.4%	\$16.47
2018	-1.0%	\$16.12
2019	9.4%	\$11.69
2020	7.0%	\$9.69
2021	6.3%	\$8.58
2022	-9.1%	\$8.58
2023	6.9%	\$8.29



#### **Program Overview**

#### What is an HRA?

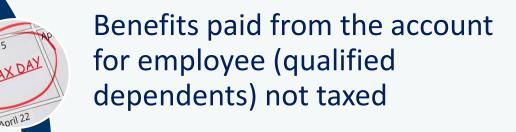
 An IRS approved vehicle.

 Allows employer pretax contributions for member.

HRA

Using an HRA yields
 "tax advantages to
 offset health care
 costs" for both
 employer as well as an
 member.

Employer ONLY contributions go into the Fund on a pre-tax basis



Funds can be used from account for certain "qualified medical expenses" determined on an annual basis by the IRS.

Funds in account rolls over from year to year





#### Types of reimbursable expenses NOT determined by Trustees

To keep HRA tax-exempt, expenses can only be those allowed as tax deductible by IRS (213d eligible expenses)

- ☐ LINECO HRA does NOT provide death benefit.
- ☐ LINECO HRA available immediately (no restriction on age/retirement status).
- ☐ LINECO HRA assets are invested by LINECO's Board of Trustees and investment returns shared annually with each members HRA (by April 30<sup>th</sup>).

HRA can be used to help employee make self-payments to continue coverage, either in active status or as retiree.





#### **HRA Reimbursed Expenses**

Retiree Premiums **Smoking** cessation

Active Self-payments

Expenses not covered by LINECO

Deductibles, co-pays, coinsurance

**Hearing aids** 

Weight loss programs

**Vision surgery** 

Vision expenses

Prescription drug copays

Dental expenses

Breast pumps

**Routine exams** 

Transportation for treatment

Well-child care

Expenses over a maximum benefit

**Electronics for** disabled

Some OTC Drugs

Long Term
Care
Premiums



#### **Items NOT Eligible for Reimbursement**

**Cosmetic surgery** 

Health club memberships

**Burial expenses** 

Maternity clothes

Household help

**Child or elder care expenses** 

Certain health insurance

Food / dietary supplements

Some over-thecounter drugs

Death / burial / funeral

Environmental devices such as air purifiers or humidifiers

IRS Code Section 213(d) (Pub. 502) Identifies Expenses Eligible For Reimbursement



#### **Participant Experience**

- Card is mailed once the HRA contribution is received.
- Participant may opt out

LINECO
LINECO MA CORSTRUCTOR BENEFIT FROM

5412 7512 3412 3456

VALID 12/23
CARDHOLDER NAME

mastercard

## Participant presents card to Provider

- Provider & card vendor coordinate to verify allowable expenses & available balance
- Providers is paid available amounts for allowable items. Participant pays any balance.
  - Rare: Filing a paper claim.
  - LINECO may request receipt from participant.
- Participant can authorize auto deduct for LINECO self payments.

- An investment credit or debit based on LINECO overall investment returns
- A deduction for the annual administrative fee

Each Year Participants receive:





- Very Popular Program
- Growing Quickly
- Average Contribution to the HRA is: \$0.75 cents/hour
- Average HRA Account Balance is holding steady at: \$3,000



**HRA Mobile App Introduced - 2020** 

HRA Mobile App
HRA updated Website
linecohra.org





### Questions





# Afternoon Break 15 minutes